

**04\_2018**

proverbs chapter three verse five to six  
matthew chapter six verse thirty four  
philippians chapter three verse thirteen to fourteen  
**aspirations / goals / future**  
matthew chapter four verse one to eleven  
matthew chapter seven verse twenty four to twenty seven  
colossians chapter three verse seventeen  
psalm chapter thirty nine verse four to five

**D R E -**  
**A M S**



# TRUST GOD

*Proverbs 3 v 5-6*

'Trust in the LORD with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight.'

day 01

## READ.

Are you fearful of the future? Have you ever felt like your future is going to amount to nothing? Did you know a quarter of young people think their lives aren't going to amount to anything and 16% feel like their future is out of control! This stat is crazy! Our future can seem so scary and in our current state we can think we'll never amount to anything! But our bible tells us not to lean on our own understanding and that we have the privilege to submit to god and trust in him! Our bible also tells us that when we do this, He will make our paths straight... he will give us a hope and a future! God dreamed you up and has dreams beyond your imagination! He wants to use you and all he asks is that we would trust him. He has a future for you that's so incredible, we just need to trust him and grasp it.

# FEAR OF THE FUTURE

Matthew 6 v 34

'Give your entire attention to what God is doing right now, and don't get worked up about what may or may not happen tomorrow. God will help you deal with whatever hard things come up when the time comes.'

day 02

## READ.

How do I prepare myself for the worst? This is a question that's been floating around for a number of years now. The truth is that the future can sometimes scare us. Sometimes we might not want to overly do it, maybe we don't want to under achieve or maybe you're like a lot of people in this world today and you're asking yourself 'how do I prepare myself for the worst?' Fearing like this is a complete waste of time and energy. It won't solve anything. Our verses today encourage us to not worry about the future. God just wants us to trust in his goodness and his incredible plan for our lives. Really, we don't need to know what the future holds, but we need to know who holds it and just stay fixed and focused on him. Regardless of what your future looks like, you cant take comfort in knowing that God has gone before you.

# YOUR PAST DOESN'T DEFINE YOU OR YOUR FUTURE

*Philippians 3 v 13-14*

'...Forgetting what is behind and straining toward what is ahead, I press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus.'

day 03

## READ.

You've messed up, right? We all have. Perhaps you think you've messed up so bad that you've actually ruined the chance to have a good life and a good future. In our scripture today, the bible tells us to forget what is behind (in the past) and to strive toward what is ahead. Bill Gates failed so many business ventures, yet he kept trying and his end product was better than anyone had ever seen. You see, you may feel like you've stuffed up one too many times, but that just isn't the case. Our God is the God of second chances and delights in seeing us learn from our failure and eventually having a great final product. One thing that we must constantly remind ourselves is that God never promised it was going to be easy, but he does say that he'll be with us every step of the way. It's time to forget our past and our old mistakes and to start looking forward to the future God has for us.

# RESIST TEMPTATION

Matthew 4 v 1-11

Matthew  
4:10 'Then  
Jesus said to  
him, "Away  
with you, [d]  
Satan! For  
it is written,  
'You shall  
worship the  
LORD your  
God, and Him  
only you shall  
serve.'

day 04

## READ.

Sometimes it's just too hard. It's too hard to get the boy/girl that you like. It's too hard to get the job done. It's too hard to please everyone. It's too hard to achieve the goal. It's too hard to live up to the expectations. Often we find things are too hard because distractions and temptations get in the way, they stop us from living out the God dream and pull our attention away from him. Know this, you're not alone. Everybody faces temptation and that's ok but if we want to achieve our god dreams then we need to learn how to deal with temptation. In our passage today, we see that even Jesus faced temptation and we see how he dealt with it. We see that Jesus doesn't even play with the idea of getting involved in the temptations; he resists it straight away and goes back to the focus of his goal - God. Yes, I understand we're not Jesus and it may be harder for us. But, there's an important lesson to learn here. In order to achieve our God dream and to resist temptation we should go back to the focus and go back to God. In the moment, try to think 'is this really going to help me achieve my goal? Is this really going to glorify God?' If it's not, do a Jesus; don't even play with the idea. Resist the temptation, go after God and achieve that GOAL.

# RELATIONSHIP GOALS

Matthew 7 v 24-27

'Therefore everyone who hears these words of mine and puts them into practise is like a wise man who built his house on the rock. The rain came down, the streams rose, and the winds blew and beat against the house' yet it did not fall, because it had it's foundation on the rock. But everyone who hears these words of mine and does not put them into practise is like a foolish man who built his house on sand. The rain came down, the streams rose, and the winds blew and beat that house, and it fell with a great crash.'

day 05

## READ.

Do you ever look at a couple and think 'ahhhh yes they're 100% goals!' Maybe you wonder how they got there and what makes their relationship stand out so much!? In today's society people will often label a relationship 'goals' by what the couple looks like or by all the fun things they do together. But what does the bible say relationship goals are? What does the bible say we should strive for in a relationship? Well, in our passage today it tells us that we need to build our lives on Jesus, who is the rock that will keep our lives healthy and strong. This is what we should strive for so that we aren't placing our hope and future in a human who will at times let us down. Then simply, a healthy relationship or 'relationship goals' will look like this: It's a relationship where both of you love each other, where both of you love Jesus, one where you're actually ready to date and one that will bring glory to God.

# GIVE THANKS FOR SUCCESS

*Colossians 3 v 17*

'And whatever you do, whether in word or deed, do it all in the name of the Lord Jesus, giving thanks to God the Father through him.'

day 06

## READ.

How good does it feel when you've done something well, like when you've fully just gone and smashed it!? SO GOOD, right!? It's funny how it doesn't even have to be something big, even if we do something small really well, it can feel incredible. But, the problem is that sometimes this can negatively affect us, we can start to become arrogant and overly self-assured. The bible reminds us in this passage to give thanks to God in whatever we do. This is so important when it comes to being successful (however we might measure this) because it takes our eyes off ourselves and focuses them back onto God, recognising that it's not all about us. It's so key to thank God through our success because it is him who created us, he who planned us and dreamed us out and it is through him that we're able to do immeasurably more with him than we could have ever done in our own strength.

# DON'T WASTE THE PRESENT

*Psalm 39 v 4-5*

"LORD, remind me how brief my time on earth will be. Remind me that my days are numbered—how fleeting my life is. You have made my life no longer than the width of my hand. My entire lifetime is just a moment to you; at best, each of us is but a breath."

day 07

## READ.

It's so easy to get caught up constantly thinking about the future and how we're going to achieve our goals. We can often think about it so much that we forget to think about the present, in fact, we waste what we've currently got right in front of us. As we can see from today's scripture, we're not here for that long compared to our lifetime in eternity. The psalmist is clearly asking to be reminded of the fact that time on earth isn't long. We should learn from this psalm that: although it's good to plan ahead, sometimes we need to stop wasting our time. We should start owning the current moment, not wasting a minute and start living out the dreams that God has placed inside of us RIGHT NOW. Yes... it sounds cliché but, imagine what life would look like if we just started living in the moment, seizing opportunities and dealing with what's currently in our hand.





d a y 0 1   
d a y 0 2   
d a y 0 3   
d a y 0 4   
d a y 0 5   
d a y 0 6   
d a y 0 7

**04\_2018**

aspirations / goals / future

## QUESTIONS.

1. What does goals look like to you now?
2. How does Psalm 39:4-5 speak to you and your current situation?
3. What are you looking forward to about the future?
4. What stood out to you most this week?
5. What will you take away from this week?

**04\_2018 COMPLETE.**